

## *Communication*

---

### **...from the President General**

Happy New Year Compatriots!

Just a short note to wish you, your families and friends a Happy, Joyous, Healthy and Safe New Year. In 2018, we experienced many happy times, good times, and some sad and challenging times. But 2019 is a new year, and with it comes the opportunity for all of us to rededicate ourselves to God, our family, our Country, and all things we consider essential – which I hope includes SAR.

We have accomplished a lot as a Society, but still, have much work to do. First thing I hope you will do is to confirm you have paid your 2019 SAR Dues that were due 12/31/18. If not, contact your chapter or state and renew your dues – we need you!

Next, look at things you want to change or make better for yourself, your family, your community, your chapter, State, or District. Remember, research has shown that it only takes twenty-one days to form a new habit. Find one or two new things that you want to make a routine. Maybe it is journaling, losing weight, physical exercise, or being a better parent, spouse, or family member. Whatever it is that improves you, will also make you a better and happier person, and a more valuable member of our society. Find what that is for you and go for it. Time is precious, and no one can afford to waste any of it.

Happy New Year to you all. First Lady Nancy and I look forward to continuing to work with you for the benefit of SAR in 2019.

***Warren M. Alter, President General***